



Tamara Sinchuk

July 26, 1955 - August 23, 2024

In loving memory of Tamara Sinchuk, a devoted mother, grandmother, sister, and friend, who peacefully passed away on August 23, 2024. Born on July 26, 1955, in Minsk, Belarus, Tamara was the youngest of two children. She pursued her passion for physical education by graduating from the Minsk Institute of Physical Education, where she developed her skills as a Physical Therapist. Her life was filled with love, warmth, and dedication to her family, which was the heart of her existence.

Tamara's presence brought light and joy to everyone around her. As a mother, she was a pillar of support for her son Kirill Sinchuk and daughter Eugenia Kreminsky, always encouraging them in their endeavors without judgment. She believed in giving her children the freedom to explore while maintaining a close connection, ensuring they always felt loved and supported. One cherished memory for Kirill was their shared passion for sports, particularly the 1998 FIFA World Cup, where they rooted enthusiastically for Brazil together. These shared experiences deepened their bond, creating memories that would last a lifetime.

Tamara took great pride in her role as a grandmother to Milan, Nicole, and Leo, cherishing every moment spent with them. She was known for her boundless affection and special connection with her grandchildren, always finding ways to make them feel loved and valued.

In her youth, Tamara was full of energy, often following her older brother Georgiy everywhere like a "little tail." Their father affectionately called her "Mouse," capturing her playful and lively nature. From a young age, she was drawn to swimming, starting at the age of 8. By the time she finished school, she had achieved the first-class sports level in the 100m backstroke, showcasing her determination and perseverance. This passion for sports continued throughout her life, influencing her career path and personal interests.

Tamara's career as a Physical Therapist was marked by her compassionate care and commitment to helping others. She worked for many years in a Minsk clinic, where her patients admired her for her warm, attentive approach. Her ability to help people recover from serious illnesses brought comfort and healing to countless individuals, making her a beloved figure in her community.

Her talents extended beyond her professional life. A gifted seamstress, Tamara created beautiful and elegant clothing for her family, weaving love into every stitch. Knitting and sewing were her favorite hobbies, and the garments she crafted were always praised for their beauty and elegance. She shared these skills with her children, even teaching her son Kirill how to knit, and made him many sweaters at his request. These hobbies were an extension of her creativity and her desire to care for her family in every way she could.

Tamara was also known for her incredible culinary skills, with her traditional Belarusian dishes becoming beloved family traditions. Her meatballs with soup "sup s teftelkami", cabbage rolls "golubtsy", and especially her draniki with slightly salted red fish, were family favorites that reflected her love and care. Her thin mushroom pizza, mimosa salad, and salad "pod shuboy" were also among the cherished dishes that her family will remember fondly.

Her love of sports never faded, and she found great joy in both practicing and watching various sporting events. One of her fondest memories with her son was watching the FIFA 1998 World Cup, passionately cheering for Brazil in the final against France. These moments of shared excitement and connection were emblematic of the close relationship she cultivated with her children throughout her life.

Even as her health began to decline in September 2022, Tamara remained resilient and determined. She continued to stay active for as long as possible, reflecting her strong spirit and unwavering belief in the power of perseverance. Throughout her battle with cancer, she held on to hope and faced each challenge with courage, never losing faith in life and always believing in recovery. Her strength and optimism were a source of inspiration for her family, who stood by her side until her final moments.

Tamara's life was filled with love, dedication, and a deep sense of responsibility. She lived with dignity and kindness, always ready to lend a helping hand to those in need. Her family and friends will forever remember her as a reliable, strong, and caring person who touched the lives of everyone she met.

She is survived by her son, Kirill Sinchuk, and his spouse Anastasia Nagula; her daughter, Eugenia Kreminsky; her grandchildren, Nicole, Leo, and Milan; and her brother, Georgiy Leonidovich Timonovich, and his spouse, Tamara Nikolayeuna Timonovich.

A funeral service to honor Tamara's life and legacy will be held at 10 a.m. on Wednesday, August 28, 2024, at Grand Prairie Memorial Gardens in Grand Prairie, TX, where she resided with her son and daughter-in-law. The love and

memories shared with Tamara will forever be cherished in the hearts of all who knew her.

May her memory be a blessing, and may her spirit continue to shine brightly in the lives of those she loved.

Previous Events

Graveside Service

AUG **28**. 10:00 AM - 10:30 AM (CT)

Grand Prairie Memorial Gardens
3501 S. Belt Line Rd.
Grand Prairie, TX 75052